

# **PSY 300C ▪ Introduction to Biblical Counseling SYLLABUS**

3 Hour Course

## **Description**

This course is designed to integrate Scripture, psychology and introductory counseling. The course focuses on the issues and problems of being a people-helper.

## **Objectives**

By taking this course the student will:

1. Understand and articulate basic concepts of biblical counseling and pastoral counseling used by pastors and lay leaders in church ministry contexts.
2. Successfully complete the video training seminar and associated tests for Caring for People God's Way video produced by the Center for Biblical Counseling.
3. Establish protocols by which one maintains appropriate confidentiality, initiates appropriate referrals to other professionals, and discloses criminal behavior when prescribed by law.
4. Articulate a personal philosophy of counseling using Scripture.
5. Develop basic skills for collecting data, assessing and prioritizing client issues, and guiding an individual toward appropriate interventions and life changes associated with his or her issues.

## **Materials**

The following books are required for this course:

*Understanding People: Why We Long for Relationship.*  
Crabb, Larry. (1987) Grand Rapids, MI: Zondervan Publishing.

*Caring for Souls: Counseling Under the Authority of Scripture*  
Shields, Harry, and Bredfeldt, Gary. (2001). Chicago, IL: Moody Press.

*Caring for People God's Way:* (nd) video series  
External Certificate Program Workbook.

Hawkins, Ron. Forest, VA: Center for Biblical Counseling.

NOTE: Videos may be checked out through the Grace Library  
Workbook and exams for the course will be coming in the mail to  
the student from AACC (American Association of Christian Counselors)

*A Pocket Style Manual.* 5th edition  
Hacker, Diana. Boston, MA: Bedford/ St. Martins, 2008  
ISBN: 0312452756

## **Learning Experiences**

1. View the video series and complete the written tests.
2. Read course textbooks and write reaction papers for each of the 6 sections.
3. Write a book report on an additional book.
4. Write a personal philosophy of biblical counseling

## **Grading**

Each assignment is valued at 100 points. Grades will be assessed according to the following criteria:

Caring for People God's Way video training program	50%
Textbook reaction papers	21%
Book report	5%
Philosophy of counseling paper	24%